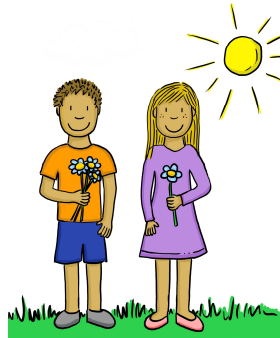


Our child is starting Kindergarten

Information for parents of future Kindergarten children



Kindergarten admission is a special occasion for your child and for the whole family. For all children, starting Kindergarten means entering into a new situation, into a different environment and into a new phase of life. At the same time, the admission into Kindergarten is the first contact with the compulsory public education system.

As the closest and most trusted people, parents can help to ensure that the start in Kindergarten is a joyful and unforgettable experience for the child.

With the following tips, we want to show you which prerequisites are important for a good Kindergarten start and how you as parents can encourage them and support your child in their development so that they settle into the new environment quickly and feel comfortable there.

Physical prerequisites and → possible family support:



SLEEP

In the morning the child is awake and receptive. That way he can actively take part in Kindergarten.

→ *Ensure regular and sufficient sleep (10-12 hours).*



BREAKFAST

The child needs strength and energy so that he feels well for the whole morning in Kindergarten.

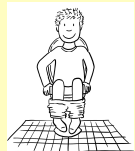
→ *Ensure that the child has a healthy breakfast before Kindergarten.*



ROUTE TO KINDERGARTEN

The child should travel alone by foot to Kindergarten – or may be accompanied at the beginning.

→ *Go for walks with your child and practise the safest route to the Kindergarten.*



WC

The child realises when he needs to go to the toilet and can go to the toilet independently with minimal help (e.g. opening buttons).

→ *Practise this with your child every day. Note that it can take some time for your child to succeed.*



CLOTHING

The child has the skills that he needs daily: putting on clothes and shoes, doing up buttons, hand washing and nose blowing.

→ *Whenever possible, allow time for your child to practise these skills.*



DRAWING & CUTTING

The child knows how to use colouring pencils, scissors, glue, sticky tape.

→ *Give your child the opportunity to try out these tools and materials on his own.*

Social and emotional prerequisites and → possible family support



SEPARATION

The child can regularly part with his parents for a whole morning and feels comfortable in groups.

→ Let your child play with other children and leave him in between with another caregiver (e.g. grandma, godmother, neighbour).

Attending a playgroup is helpful.



FEELINGS

The child tries to express his feelings and needs in a way that is understandable to others.

→ Talk with your child a lot. Listen to your child carefully and give him time to speak.



PLAY

The child exercises appropriate behaviour with other children, showing consideration and resolving conflicts without violence.

→ Give your child regular contact and play opportunities with other children and adults. Explain to your child how another child feels when it is hit.

Encourage your child to resolve conflicts non-violently.



RULES

The child understands (play) rules and tries to apply them.

→ Show your child that there are rules for living together in the family and later in the class. This also means that you do not have to fulfil all your child's wishes immediately. You may also say "no" sometimes.

Intellectual prerequisites and → possible family support



INTEREST

The child is interested in the new and the unknown.

→ *As often as possible let your child touch and experience with all the senses (new) items and materials from everyday life and nature. Name and explain these items and materials.*



WORKING TOGETHER

The child can understand simple explanations and orders and can carry them out.

→ *Encourage your child to help with everyday tasks and work.*



SPEECH

The child can recall and retell information/stories in the family language.

→ *Talk with your child. Tell him stories and allow your child to narrate and describe things. Take the time to listen to your child and respond to what he says.*



CONCENTRATION

The child can stay at a self-selected activity and play (ca. 10 min.) and also wait sometimes.

→ *Do not interrupt your child if he is playing intensively at home. Encourage your child to play independently and allow him to be bored when he has no immediate ideas.*

Kindergarten Rheinfelden – Timetable

	Mon	Tues	Wed	Thurs	Fri
Arrival 8.00-8.20 Tuition 8.20-11.50 Departure 11.50-12.00	All Children	All Children	All Children	All Children	All Children **
Arrival 13.30-13.40 Tuition 13.40-15.10 Departure 15.10-15.15		2 nd KG- Year Children		2 nd KG- Year Children	

*In a small class one afternoon's tuition is omitted.

** For the children in the first year of kindergarten, the lessons are voluntary on Fridays from 10.00 a.m.

Kindergarten admission – Sequence of events

January	Information evening about Kindergarten admission
End of May	The Kindergarten allocations are sent
June	Invitation to visit the future Kindergarten
August	First Kindergarten day, 10.00 – 11.00
Aug./Sept.	Parents information evening in Kindergarten

For information and questions

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